

## LONG HOLIDAY SUNNY DISPOSITION EP

**Long Holiday** are excited as hell to be releasing their upcoming EP entitled *Sunny Disposition* and are rejuvenated after a June European tour after some band personnel changes. Melbourne punters may have witnessed the power-fuzz band in their former three piece format, but after long time bass player Andie announced her departure, the band regrouped and decided to keep going as a solid two piece rather than over complicate things with a replacement. And that decision has played out perfectly for the grunge-inspired outfit, who are sounding just as tight as ever.

Match-fit and hungry for action after touring the UK and Europe, where they slayed audiences in a blitzkrieg full frontal-lobe attack, the band's focus returns to their home turf with the release of their EP *Sunny Disposition* being their first port of call.

Clocking in at just over seventeen frenzy-laden, fury-packed minutes, *Sunny Disposition* serves up a six eyebrow-scorching, well-crafted songs.

What newcomers to the world of **Long Holiday** will note are the blistering guitars from Gina and the fast'n'furious pace Marc keeps on the kit. The duo alternate vocals, which adds a diversity that keeps the sounds fresh, and Gina certainly snarls her way in the vein of grunge goddesses of their time such as Kat Bjelland and Donita Sparks.

For 4 years **Long Holiday** have been shredding away during their live shows, totally blasting their songs into the faces of punters with brutal intensity and loving every minute of it. Oozing with hard rock energy, they have developed a reputation as one band you simply have to see, a genuine Melbourne grunge-punk rock institution whom Australian music website Tone Deaf described their sound as "a nuanced interplay of aural textures, ironic lyricism and layered nineties alternative-rock homage".

The new EP is another way for new and old fans alike to sink their teeth into and celebrate all things loud and heavy! Keep an eye out on your gig guides as the band are set to tour *Sunny Disposition* around local and interstate venues in Spring/Summer of 2016 and buy a copy at the merch desk, you'll be glad you did.

*"This sticks out above the crop of upcoming grunge groups. It's got some nice, menacing snarl where others might be too slack to bother."* - Triple J Unearthed (re Hate Potion No. 8)

*"Some very cool post-grunge music, great songwriting, cool vibe"* - I Heart Guitar

**For more information go to :**

[www.longholidayband.com](http://www.longholidayband.com)

[www.facebook.com/LongHolidaymusic](http://www.facebook.com/LongHolidaymusic)



Please contact Lou Ridsdale from Lance Rock Publicity if you would like to arrange an interview, or require any further information.

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